

Short Communication

Open Access

Does Dyspnea in A Patient With Mitral Stenosis Mean That The Dyspnea Is Caused By The Valvular Alteration in this New Global Immunodeficiency?

Huang Wei Ling MD

Wu Wei Institute, Rua Homero Pacheco Alves 1929, Centro Franca- Sao Paulo- Brazil 14-400-010

***Corresponding author**

Huang Wei Ling, Wu Wei Institute, Rua Homero Pacheco Alves 1929, Centro Franca- Sao Paulo- Brazil 14-400-010.

Received: June 16, 2026; **Accepted:** June 19, 2026; **Published:** June 30, 2026

In my clinical practice, I have seen several cases of patients who go to the cardiologist due to shortness of breath during physical exercise, and when they are evaluated through radiological and echocardiographic exams, a valvular abnormality is discovered.

What I will write in this article are observations from my clinical practice, in which patients who had shortness of breath, who were found to have mitral stenosis, underwent mitral valve replacement, but even with the surgical procedure, still continued to experience shortness of breath.

What is happening today is that the world's population is experiencing an alteration in the internal energy of their organs, an alteration that cannot be diagnosed with the naked eye or through laboratory tests, because these alterations do not show up in tests. If the doctor evaluating the patient is unaware of this alteration, a diagnosis may be made, but the symptoms may be caused by a different reason than what was found in the test [1-3].

I recently saw a patient who had been my patient for many years but had disappeared for a while. She returned and told me that she had undergone heart surgery due to mitral valve stenosis, but the shortness of breath she was experiencing had not improved.

Upon examining her, I saw the incision from the heart surgery in the sternal region, extending almost to the xiphoid process, but the scar was in good condition and showed no signs of local infection. Her blood pressure and heart rate were normal.

I measured the energy of her five internal solid organs (Liver, Heart, Spleen, Lungs and Kidney) using a wooden pendulum, and what I noticed was that all her internal organs were completely devoid of energy, and this was the real cause of her shortness of breath and not caused by mitral valve stenosis. I say this because I have written several articles on this subject since the time of the COVID-19 pandemic, when people were being intubated due to shortness of breath; many of them could have avoided intubation if they had been treated for this internal energy deficiency, caused by the blockage of energy transmission from the Lung to the Kidney, according to the five elements theory of Traditional

Chinese Medicine. This article was published in 2022, whose title was *What do we Need to do to Avoid Intubation in Patients with Respiratory Failure Due to SARS-CoV-2 Infection?* [4,5]

This patient began treatment using the Wu Wei protocol, altering her diet through Traditional Chinese Medicine, undergoing acupuncture and bloodletting at the apex of the ear, and replenishing her deficient energy of the five massive organs through the theory I wrote within homeopathy, titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. In this article, I discuss the importance of treating the “root” cause of diseases and not just the symptoms [5,6].

I say this because, although homeopathy was created by our German physician Samuel Hahnemann (1755-1843), at that time, humanity was not yet living through this phase of the planet, in which there is a flood of electromagnetic waves in almost every sector of our planet, whether in the workplace, in schools, in our homes, in shops, in medical consultations, etc. In other words, everything is being contaminated by these electromagnetic waves that are invisibly draining energy from our internal organs, without medicine being able to make a diagnosis, as they are invisible to the naked eye [2,7].

So, I wrote a theory not based on the symptoms but based on where the symptoms are coming from, which is at the “root” of the tree. This theory addresses these energy deficiencies that are affecting the world's population, and everyone, regardless of age, sex, or type of pathology they are experiencing, should use it so that the root is treated properly, and with this, several or all of the symptoms should improve at the same time [2,3].

This theory was presented at Harvard in 2015, where I argued that if we treat an individual's energy imbalances, all symptoms will improve simultaneously, even if the doctor is unaware that the patient has such symptoms [8].

Therefore, through this short article, I will demonstrate that it would be much easier for the doctor to first treat the energy imbalances and replenish this currently altered energy, rather

than operating on the patient, opening their chest with a saw, and administering deep general anesthesia, which could have serious consequences for a patient lacking energy due to the use of highly concentrated medications in this situation, both in the anesthesia and the use of prophylactic antibiotics to prevent infection, etc. According to Arndt-Schultz law, created in 1888 by two German researchers, they said that the use of any kind of highly concentrated medication can reduce our vital energy and can cause complications or death of these patients [9,10].

Therefore, the suggestion for individuals experiencing dyspnea and who have mitral valve stenosis is to first undergo treatment to restore the energy of the internal organs before considering surgery. This avoids many complications caused by the high-risk procedure currently affecting the global population due to the energy imbalances they are experiencing, caused by the modernization of telecommunication after the implementation of 5G technology. A differential diagnosis is necessary because if the patient's dyspnea improves without surgery, it indicates that the dyspnea was not caused by mitral stenosis, since surgery has not yet been performed. However, if the patient continues to experience dyspnea even after treating the energy deficiencies, it is highly likely that mitral stenosis is still contributing to the symptoms, and surgery might be an option. I say that surgery might be an option, because the improvement of dyspnea with clinical treatment depends on the treatment time, the correct potency of the highly diluted medications for replacement, and if even after taking and doing everything that should be done clinically, dyspnea is still occurring, it would be advisable to perform surgery, but always continuing with energy replacement using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, called Wu Wei protocol in my daily clinical practice [6,11].

References

1. Alahmadi MH, Haleem SM, Sharma S (2026) Mitral stenosis. StatPearls <https://www.ncbi.nlm.nih.gov/books/NBK430742/>.
2. Huang WL (2023) New Global Immunodeficiency. Ann Immunol Immunother 5: 000173.
3. Huang WL (2021) Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection. Acta Scientific Microbiology 4: 167-196.
4. Huang WL (2022) What do we Need to do to Avoid Intubation in Patients with Respiratory Failure Due to SARS-CoV-2 Infection? Journal of Pulmonology Research & Reports 4: 1-3.
5. Huang WL (2020) Mitral stenosis: diagnosis and management. Acta Scientific Medical Sciences 4: 95-101.
6. Huang WL (2020) Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Acta Scientific Medical Sciences 4: 57-69.
7. Huang WL (2021) The Influence of Cell Phones and Computers on Our Immune System. Annals of Immunology and Immunotherapy 3: 000141.
8. Ling HW (2019) The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma. Clinical Research in Ophthalmology 2.
9. Huang WL (2022) Are patients without surgical risks really without surgical risk? Journal of Surgical Case Reports and Images 5: 1-4.
10. Huang WL (2024) Can The Medications We Are Prescribing Cause Myocardial Infarction? Journal of Cardiology Research Reviews & Reports 5: 193.
11. Huang WL (2020) Energy Alterations Leading to Dyspnea in Patients with Mitral Valve Stenosis. Acta Scientific Medical Sciences 4: 95-101.