

## Diagnostic and Therapeutic Approaches to COPD in Clinical Practice: Results of a Multicenter Survey among FADOI CAMPANIA Physicians

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A survey was conducted among 198 physicians affiliated with FADOI Campania to evaluate current diagnostic and therapeutic practices in the management of chronic obstructive pulmonary disease (COPD). The respondents were predominantly under 50 years of age (60%), with a majority being women (63%). Internists accounted for 70% of participants, with hospital seniority distributed between 1–5 years (40%) and over 10 years (60%).

Spirometry was identified by 90% of respondents as essential for diagnosing COPD. Additionally, 54% reported the recent implementation of a diagnostic pathway aimed at identifying patients at higher risk of poor respiratory outcomes. Therapeutic strategies included the regular prescription of LAMA/LABA combinations (70%), triple therapy (90%), and antibiotics during exacerbations (64%). Long-term oxygen therapy was prescribed by 53% of physicians, inhaled corticosteroids (ICS) by 25%, and rescue bronchodilator sprays by 21%.

Respiratory rehabilitation was integrated into patient care by 70% of physicians, and 90% reported seeing 80% of their COPD patients within a six-month period. A majority (68%) believed that their COPD patients did not also suffer from asthma. Regarding adherence to triple therapy, 32% of physicians rated it as high, 57% as moderate, and 10% as low.

These findings highlight a growing awareness among FADOI Campania internists of the importance of a systematic, multidisciplinary approach to COPD management, with emphasis on early diagnosis and optimization of therapy.

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