

Heart Failure Management: Data from a FADOI Survey among Campanian Internal Medicine Wards

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Background and Aims

Heart failure (HF), despite management and therapeutic progress, still remains a syndrome with high prevalence and negative prognosis.

Materials and Methods

In June 2024, we sent a questionnaire about HF management to Campanian FADOI members; 32 of them answered it.

Results

Among hospitalized patients (pts), HF is present in $\leq 25\%$ (15.6%); 25-50% (68.8%); $>50\%$ (15.6%). The most represented HF is: HFrEF (37.4%); HFmrEF (18.8%); HFpEF (43.8%). Upon admission, HF therapy is optimized in: $<25\%$ (37.4%); 25-50% (56.3%); 51-75% (6.3%); $>75\%$ (0%). Pts undergo an echocardiogram: In the Emergency Department (ED) and ward (68.8%); only in the ward (31.2%). The chest ultrasound is performed: only in ED (6.3%); never (12.5%); rarely (53.1%); only in the ward (21.9%); in ED and ward (6.3%). The QoL questionnaire is administered: Never (71.3%); rarely (28.1%). Length of stay: 3-7 days (28.1%), 8-15 days (71.9%). Evaluation of serum iron concentration is always performed (81.3%); only occasionally (18.7%). Experience with the most recent drugs for HF: No (3.1%), little (9.4%), only in monitored pts after their discharge (31%), already during hospitalization (84.4%). Residual congestion assessment at discharge is possible: only clinically (3.1%); even with tools (12.5%); also with biomarkers (12.5%); all modes (71.9%). Pts are discharged with resolved congestion: satisfactory manner (96.9%); unsatisfactory (3.1%). Pts discharged with already optimized

therapy: $<25\%$ (3.1%); 25-50% (18.8%); 51-75% (56.2%); $>75\%$ (21.9%).

Conclusions

The survey shows a still uneven situation in the management of HF.

References

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