

## Embracing Design Thinking to Navigate Complex Program Management Challenges

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### ABSTRACT

This article explores the transformative potential of design thinking in navigating the complex challenges faced by program managers. By embracing the principles and strategies of design thinking, program managers can foster innovation, drive customer-centricity, and enhance adaptability in an increasingly dynamic business landscape. The article examines the key stages of the design thinking process, its applications in overcoming common program management challenges, and the strategies for implementing design thinking within organizations. Through practical insights, the article demonstrates how design thinking can be integrated into Agile methodologies, stakeholder engagement, and customer experience design to deliver superior program outcomes. The article concludes with a vision for the future of design thinking in program management and a call to action for program managers to adopt this approach as a core capability for success.

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### Introduction

In today's rapidly evolving business landscape, program managers face an ever-increasing array of complex challenges. From managing diverse stakeholder expectations and navigating technological disruptions to ensuring customer satisfaction and delivering value amidst uncertainty, the demands on program managers have never been greater. To succeed in this environment, program managers must move beyond traditional approaches and embrace new ways of thinking and problem-solving. This is where design thinking comes in.

Design thinking is a human-centered approach to innovation that integrates the needs of people, the possibilities of technology, and the requirements for business success. By focusing on empathy, experimentation, and iteration, design thinking enables program managers to gain deep insights into customer needs, generate creative solutions, and continuously adapt and improve their programs in the face of change [1].

The power of design thinking in program management lies in its ability to bridge the gap between strategy and execution. As Tim Brown, CEO of IDEO, notes, "Design thinking is a way of framing problems and opportunities in a way that is both strategic and actionable. It helps program managers to align their teams around a shared vision and to drive innovation and change in a customer-centric way" [2].

Despite its potential, however, design thinking remains underutilized in program management. Many program managers may be familiar with the concept but struggle to understand how to apply it effectively in their day-to-day work. Others may view design thinking as a buzzword or a passing trend, failing to recognize its transformative potential.

The purpose of this article is to demystify design thinking and to provide program managers with a practical guide for embracing this approach to navigate complex challenges. We will explore the key principles and stages of the design thinking process, from empathy and definition to ideation, prototyping, and testing. We will examine how design thinking can be applied to overcome common program management challenges, such as gaining stakeholder buy-in, creating customer empathy, and enhancing Agile methodologies.

Moreover, the article provides a roadmap for implementing design thinking within program management organizations, including strategies for building capabilities, piloting initiatives, and measuring impact. We will also highlight real-world examples and case studies of program managers who have successfully embraced design thinking to drive innovation and deliver superior outcomes.

By the end of this article, readers will have a comprehensive understanding of how design thinking can be leveraged to navigate the complexities of modern program management. They will be equipped with practical tools and strategies for integrating design thinking into their own practices, as well as a vision for the future impact of this approach on the field of program management.

### Understanding The Design Thinking Process

Design thinking is a structured, yet iterative approach to problem-solving that prioritizes user needs and fosters innovation. It consists of five key stages: Empathize, Define, Ideate, Prototype, and Test. By understanding and applying these stages, program managers can effectively navigate complex challenges and deliver solutions that resonate with customers and stakeholders.

**Empathize:** The foundation of design thinking is empathy. In this stage, program managers seek to gain deep insights into customer needs, experiences, and pain points. This involves conducting user research, such as interviews, observations, and surveys, to understand the customer's perspective. By immersing themselves in the customer's world, program managers can uncover hidden needs and opportunities for innovation [3].

**Define:** Armed with insights from the Empathize stage, program managers move on to Define the problem or challenge they aim to address. This stage involves synthesizing the research findings, identifying patterns and themes, and framing the problem in a way that is both meaningful and actionable. By clearly defining the problem, program managers can set the direction for the rest of the design thinking process [4].

**Ideate:** With a well-defined problem in hand, program managers can then Ideate potential solutions. This stage is all about generating a wide range of creative ideas, without judgment or constraints. Techniques such as brainstorming, mind mapping, and sketching can be used to encourage divergent thinking and explore multiple possibilities. The goal is to generate a diverse set of ideas that can be further refined and tested [5].

**Prototype:** Once a set of promising ideas has been generated, program managers move on to Prototype them. This stage involves creating tangible representations of the ideas, such as mockups, wireframes, or even functional prototypes. The purpose of prototyping is to make the ideas more concrete and to facilitate testing and feedback. Prototypes can range from low-fidelity sketches to high-fidelity functional models, depending on the stage of the project and the resources available [6].

**Test:** The final stage of the design thinking process is Test. In this stage, program managers validate their prototypes with users and gather feedback for iteration. Testing can involve various methods, such as usability testing, A/B testing, or pilot programs. The goal is to learn from user interactions and to refine the solutions based on their feedback. Testing is not a one-time event but rather an ongoing process of continuous improvement [6].

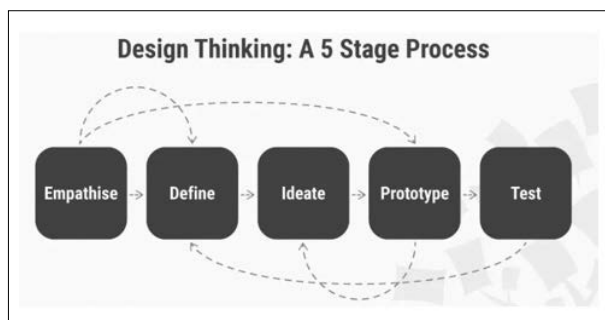


Figure 1: Design Thinking Process [10]

The benefits of applying design thinking in program management are numerous. First and foremost, design thinking fosters innovation and creative problem-solving. By encouraging a

human-centered approach and generating a wide range of ideas, design thinking helps program managers to think outside the box and develop novel solutions to complex challenges.

Moreover, design thinking encourages customer-centricity and empathy. By deeply understanding customer needs and experiences, program managers can ensure that their solutions are not only technically feasible but also desirable and meaningful to users. As Jeanne Liedtka, author of "Designing for Growth," notes, "Design thinking is a powerful tool for creating customer value and driving growth. It helps program managers to focus on what matters most to customers and to create solutions that meet their needs in innovative ways" [7].

Design thinking also promotes collaboration and cross-functional teamwork. By involving diverse stakeholders in the design thinking process, from customers to subject matter experts, program managers can break down silos and foster a shared understanding of the problem and potential solutions. This collaborative approach can lead to more creative and effective solutions, as well as greater buy-in and ownership from stakeholders.

Finally, design thinking enables agility and adaptability in the face of change. By emphasizing experimentation, prototyping, and iteration, design thinking allows program managers to quickly test and refine their solutions based on user feedback and changing circumstances. This agile approach can help program managers to navigate uncertainty and to continuously improve their programs over time.

In summary, understanding and applying the design thinking process can be a game-changer for program managers. By empathizing with customers, defining problems clearly, ideating creative solutions, prototyping, and testing, program managers can unlock new levels of innovation and deliver solutions that truly resonate with users. The benefits of design thinking, from fostering creativity to enabling agility, make it a powerful tool for navigating the complexities of modern program management.

### Overcoming Program Management Challenges with Design Thinking

Program managers face a multitude of challenges in their quest to deliver successful outcomes. From managing stakeholder expectations and ensuring customer satisfaction to dealing with ambiguity and coordinating multiple projects, the role of a program manager is fraught with obstacles. However, by leveraging the principles and tools of design thinking, program managers can effectively address these challenges and drive successful outcomes.

#### Challenge #1: Managing Resistance from Stakeholders

One of the most significant challenges faced by program managers is managing stakeholder expectations and resistance to change. Stakeholders often have competing interests, conflicting priorities, and varying levels of influence, making it difficult to align everyone towards a common goal. Moreover, change is inherent in any program, and stakeholders may resist new ideas or approaches that disrupt the status quo [8].

Design thinking offers a powerful solution to this challenge through empathy and co-creation. By applying ethnographic interviewing techniques and creating stakeholder maps, program managers can gain a deep understanding of stakeholder needs, motivations, and concerns. Ethnographic interviews involve observing and engaging with stakeholders in their natural context, to uncover insights that may not be apparent through traditional

methods. Stakeholder maps, on the other hand, provide a visual representation of the relationships and influence dynamics among key players, helping program managers to identify potential allies, detractors, and influencers [12-3].



Figure 2: Sample Stakeholder Map Analysis: Influence vs. Interest

Armed with these insights, program managers can then involve stakeholders in the ideation and prototyping phases of the design thinking process. By actively engaging stakeholders in generating ideas and creating tangible prototypes, program managers can foster a sense of shared ownership and commitment. As Liedtka and Ogilvie note in their book *Designing for Growth*, "When people are involved in creating something, they are more likely to support it and to feel a sense of ownership over it" [7].

**Challenge #2: Exceeding Customer Satisfaction**

Another critical challenge for program managers is ensuring customer satisfaction and delivering value. In today's customer-centric world, it is no longer enough to simply meet technical requirements; programs must also create meaningful experiences and outcomes for users. However, understanding, and prioritizing customer needs can be a daunting task, especially when dealing with diverse and evolving customer segments [5].

Design thinking addresses this challenge by putting the customer at the center of the innovation process. Through the use of personas and customer journey maps, program managers can gain a deep empathy for customer experiences, pain points, and desires. Personas are fictional characters that represent archetypal users, based on real customer data and insights. They help to humanize the customer and provide a tangible reference point for design and development efforts [6].

Customer journey maps, on the other hand, provide a visual representation of the end-to-end customer experience, highlighting key touchpoints, emotions, and opportunities for improvement. By leveraging these tools, program managers can design solutions that not only meet functional requirements but also resonate with customers on a deeper, emotional level. As Patrice Martin, co-lead of IDEO.org, states, "Design thinking is a process that starts with the people you're designing for and ends with new solutions that are tailor-made to suit their needs" [7-11].

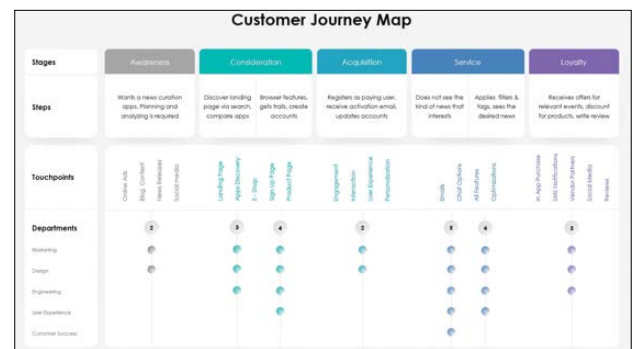


Figure 3: Customer Journey Map Example

**Challenge #3: Enhance Agile Methodologies**

Design thinking also offers a way to enhance Agile methodologies, which have become increasingly popular in program management. Agile approaches, such as Scrum and Kanban, emphasize iterative development, frequent delivery, and continuous improvement. However, they often focus more on execution than on upfront planning and design, which can lead to suboptimal solutions and customer dissatisfaction [8].

By integrating design thinking tools and techniques into Agile sprints and iterations, program managers can ensure that customer needs and creative problem-solving remain at the forefront. For example, program managers can use ideation techniques, such as brainstorming and sketching, during sprint planning to generate innovative ideas and explore multiple solutions. They can also use rapid prototyping to quickly validate ideas with customers and gather feedback for iteration.

As Jeff Gothelf, author of "Lean UX," states, "Integrating design thinking into Agile helps teams to focus on the right problems, to generate more creative solutions, and to validate these solutions with customers early and often" [12].

**Challenge #4: Navigating Complexity and Ambiguity**

Design thinking can help program managers to navigate complexity and ambiguity, which are inherent in many program environments. When dealing with complex problems and uncertain requirements, it can be tempting to fall back on familiar solutions and approaches. However, this can lead to suboptimal outcomes and missed opportunities for innovation.

Design thinking encourages program managers to embrace experimentation and learning in the face of complexity and ambiguity. By adopting a "fail fast, learn faster" mindset, program managers can rapidly test their assumptions, gather feedback, and iterate on their solutions. This approach helps to mitigate risks and ensures that programs remain aligned with customer needs and business goals, even as circumstances change.

Moreover, by continuously adapting and refining program strategies based on insights and feedback, program managers can create a culture of continuous improvement and learning. As David Kelley, founder of IDEO and Stanford's Design School, notes, "Design thinking is not just a process, but a mindset. It's about being comfortable with ambiguity, embracing experimentation, and learning from failure" [13].

Design thinking offers a powerful set of principles and tools for overcoming the key challenges faced by program managers.

## Implementing Design Thinking in Program Management Organization

Implementing design thinking in program management organization requires a strategic and well-planned approach. Organizations must assess their readiness, build the necessary capabilities, and create a supportive culture that embraces experimentation and continuous improvement. By following a structured roadmap and leveraging proven strategies, program managers can successfully integrate design thinking into their practices and deliver exceptional results.

### Assessing Organizational Readiness and Identifying Champions:

Before embarking on a design thinking transformation, it is crucial to assess the organization's readiness and identify champions who can drive the change. This involves evaluating the current level of design thinking maturity, understanding the existing program management practices and culture, and identifying potential barriers and enablers [12].

One effective way to assess readiness is to conduct a design thinking maturity assessment. This assessment evaluates the organization's capabilities across key dimensions, such as user empathy, collaborative problem-solving, and experimentation [8]. This assessment involves evaluating the current level of understanding and acceptance of design thinking principles, as well as identifying potential barriers and resistance points. Program managers should engage with key stakeholders, including senior leadership, project teams, and customers, to gauge their receptiveness to adopting a design thinking approach. By understanding the current state, program managers can identify gaps and prioritize areas for improvement [8].

Identifying design thinking champions within the organization is crucial to driving the implementation process. These champions should be influential individuals who possess a deep understanding of design thinking and are passionate about its potential to transform program management. They will play a vital role in advocating for the adoption of design thinking, leading by example, and supporting others in their learning journey [14].

### Providing Training and Resources to Build Design Thinking Capabilities

To successfully implement design thinking, program managers and their teams must acquire the necessary skills and knowledge. Organizations should invest in comprehensive training programs that cover the fundamental principles, tools, and techniques of design thinking. These programs can include workshops, online courses, and hands-on learning experiences that allow participants to apply design thinking to real-world challenges [3].

In addition to formal training, organizations should provide ongoing support and resources to reinforce design thinking capabilities. This can include access to design thinking toolkits, templates, and case studies, as well as mentoring and coaching from experienced practitioners. By creating a supportive learning environment, organizations can foster the development of a design thinking mindset and ensure that program managers are equipped to apply these skills effectively [13].

### Piloting Design Thinking on Select Programs and Measuring Impact

Before launching a full-scale implementation of design thinking, it is advisable to pilot the approach on select programs. This allows organizations to test and refine their design thinking processes,

gather feedback from participants, and demonstrate the value of the approach to stakeholders. When selecting pilot programs, consider those that have a significant impact on customer experience, involve cross-functional collaboration, and have the potential for measurable outcomes [15].

To assess the impact of design thinking on program management, organizations should establish clear metrics and success criteria. These can include measures such as customer satisfaction, time-to-market, cost savings, and innovation outputs. By tracking and communicating the results of the pilot programs, program managers can build a compelling case for the broader adoption of design thinking and secure the necessary support and resources [16].

Examples of metrics for measuring the impact of design thinking in program management:

**Table 1: Metrics Capturing the Impact of Design Thinking in Program Management**

Category	Metrics	Success Criteria
Customer Satisfaction	<ul style="list-style-type: none"> <li>Net Promoter Score (NPS)</li> <li>Customer Satisfaction Score (CSAT)</li> </ul>	<ul style="list-style-type: none"> <li>Increase in NPS, CSAT scores.</li> </ul>
Innovation	<ul style="list-style-type: none"> <li>Number of new ideas generated</li> <li>Number of prototypes and successful innovations launched</li> </ul>	<ul style="list-style-type: none"> <li>Increase in the quality of ideas.</li> <li>Number of ideas launched vs. those prototyped</li> </ul>
Efficiency	<ul style="list-style-type: none"> <li>Development cycle time</li> <li>Resource utilization</li> </ul>	<ul style="list-style-type: none"> <li>Shorter development cycle times</li> <li>Optimized resource utilization</li> </ul>
Collaboration	<ul style="list-style-type: none"> <li>Cross-functional team engagement</li> <li>Stakeholder satisfaction</li> </ul>	<ul style="list-style-type: none"> <li>Number of collaborative sessions and workshops conducted per quarter</li> </ul>
Learning and Adaptation	<ul style="list-style-type: none"> <li>Lessons Learnt captured and shared</li> </ul>	<ul style="list-style-type: none"> <li>Number of Lessons Learned shared</li> </ul>
Organizational Culture	<ul style="list-style-type: none"> <li>Employee engagement</li> <li>Innovation mindset</li> </ul>	<ul style="list-style-type: none"> <li>Higher levels of employee satisfaction</li> <li>Embedding of innovation mindset and practices</li> </ul>

### Integrating Design Thinking into Program Management Styles and Techniques

To fully leverage the benefits of design thinking, program managers must integrate design thinking into their existing management styles and techniques. This involves incorporating design thinking tools and methods into program planning and execution, fostering a culture of experimentation and continuous improvement, and leveraging design thinking to deliver customer-centric outcomes.

One key strategy is to embed design thinking into the program lifecycle. This can involve using empathy mapping and customer

journey mapping during the program initiation phase to understand customer needs and define success criteria. During the planning phase, program managers can use ideation techniques and rapid prototyping to explore multiple solutions and validate assumptions. Throughout execution, regular customer feedback loops and iteration cycles can ensure that the program remains aligned with customer needs [17].

Another strategy is to foster a culture of experimentation and continuous improvement. Design thinking thrives in an organizational culture that values experimentation, iteration, and continuous improvement. Program managers should create an environment where team members feel empowered to take calculated risks, test new ideas, and learn from failures. This requires a shift from a "perfection mindset" to a "learning mindset," where the focus is on rapid iteration and incremental progress [18].

To foster this culture, program managers can encourage regular feedback loops, celebrate learning experiences, and provide opportunities for team members to share their insights and successes. By modeling a growth mindset and embracing the principles of design thinking, program managers can inspire their teams to innovate and continuously improve their processes and deliverables [15].

Moreover, by deeply understanding customer needs and preferences, program managers can prioritize features and functionalities that deliver the greatest impact. This focus on customer value helps to streamline development efforts, reduce waste, and shorten cycle times. As a result, organizations can bring innovative solutions to market faster, gain a competitive edge, and build stronger customer relationships [18].

By implementing design thinking in program management, organizations can unlock new levels of innovation, agility, and customer-centricity. Through a structured approach that involves assessing readiness, building capabilities, and fostering a supportive culture, program managers can successfully integrate design thinking into their practices and deliver exceptional outcomes. As the business landscape continues to evolve, the ability to leverage design thinking will become an increasingly critical skill for program managers seeking to drive sustainable growth and competitive advantage.

### **Conclusion and Future Outlook**

Throughout this article, we have explored the transformative power of design thinking in program management. By embracing the principles and strategies of this human-centered approach, program managers can effectively navigate the complexities and challenges of today's dynamic business landscape.

The key benefits of integrating design thinking into program management are clear. By fostering empathy and co-creation, program managers can gain deeper insights into customer needs, align stakeholders around shared goals, and drive innovation and differentiation. Through the application of tools such as ethnographic interviewing, persona development, and customer journey mapping, program managers can uncover new opportunities, mitigate risks, and deliver solutions that truly resonate with users.

Moreover, by integrating design thinking into Agile methodologies and embracing experimentation and continuous learning, program managers can enhance their adaptability and resilience in the face

of change. The strategic application of ideation, prototyping, and iteration can help program managers to validate assumptions, refine solutions, and deliver value early and often.

As we look to the future, the potential impact of design thinking on the field of program management is vast. In an increasingly competitive and rapidly evolving landscape, the ability to drive innovation and differentiation will be critical for success. By adopting design thinking as a core capability, program managers can position themselves and their organizations to thrive in this new reality.

Furthermore, by embracing the mindset and methods of design thinking, program managers have the opportunity to become strategic partners and change agents within their organizations. By championing customer-centricity, collaboration, and experimentation, program managers can help to shape organizational culture, influence strategic decision-making, and drive meaningful, long-term impact.

However, realizing the full potential of design thinking in program management will require more than just a set of tools and techniques. It will require a fundamental shift in mindset and a commitment to ongoing learning and growth. Program managers must be willing to challenge their assumptions, embrace ambiguity, and continuously refine their skills and knowledge.

In conclusion, the integration of design thinking and program management represents a powerful opportunity for driving innovation, delivering customer value, and shaping the future of our organizations and industries. By embracing this approach and committing to ongoing learning and growth, program managers can position themselves as strategic leaders and catalysts for change.

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