

Autism Spectrum Disorders

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Autism spectrum disorders are a variety of disorders characterized by social and psychological impairments. Difficulty switching from one activity to another, getting caught up in details, and unusual reactions to sensations, As the abilities and needs of people with autism vary and can evolve over time, some people with autism may be able to lead independent lives. But others have severe disabilities and need lifelong care and support, and autism often affects education and employment opportunities. The burden of providing care and support may increase for their families. Psychological and psychosocial skills play a major role in shaping the personality of people with autism spectrum disorders, in addition to formulating psychological and a social need, which makes them tend to respond to the things around them in a special way that contributes to enriching the psychological structure and empowering the social trends of this group.

Therefore, students with autism spectrum disorders may be characterized by delayed psychological and psychological maturation, The weakness of benefiting from previous experiences, which show the inability of the student to conduct his own affairs or assume his responsibilities towards others, Therefore, we find that most students with autism spectrum disorders fail to practice the set of customs, traditions and societal norms, Or in forming permanent personal or social relationships with their colleagues, teachers, or families. Such a matter may greatly contribute to the difficulty of adapting this group of students to a set of circumstances, variables and social situations, in addition to the weak levels of interaction with the social environment, and their loss of the ability to benefit from educational experiences.

Bouck (2011) has indicated that children with autism spectrum disorders need continuous care and intervention. Especially in the psychological skills, as this category is characterized by a noticeable decline in both social interactive performance and adaptive behavior, which are represented by the psychological and practical adaptive skills, which indicates that the deficiencies they suffer from autism spectrum disorders are related to the deficiencies in psychological skills.

Hence, psychological skills are necessary to meet the basic social needs of daily life, as individuals possess an appropriate degree of psychological skills such as communicating with others, Forming and maintaining friendships, the ability to self-control, adherence to school instructions and educational regulations, It will undoubtedly contribute to improving the level of their learning

opportunities and raising the degree of psychological interaction within the prevailing educational situation, And to prevent this category from falling into frustration, conflict with their peers, failure to manage their lives, bullying and mistreatment of others.

Many researchers have tried to address the causes and consequences of autism spectrum disorders and their relationship to students' psychological skills, By proposing various metrics, training programs, methods and strategies, such as Emcecen's problem-solving strategy.

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