

Short Communication
Open Access

Discoveries About Fever

Yacob Mathai

Marma Health Centre, kalyani TowersDeshabhimani Jn,P.O.Kaloor, Ernakulam, Kerala, India

***Corresponding author**

Yacob Mathai, Marma Health Centre, kalyani Towers Deshabhimani JN, P.O.Kaloor, Ernakulam, Kerala, India.E-mail: yacobkm@gmail.com

Received: April 14, 2020; **Accepted:** April 22, 2020; **Published:** April 25, 2020

Keywords: Covid19, Prevention, Treatment, Hydroxychloroquine, Nigella Sativa Volume

Discoveries

- Purpose of temperature of a fever.
- The Fever temperature never damages the cells of the brain or harm the body.
- If we remove the cause of disease, the disease and fever will not be cured.
- Fever is not a symptom of any disease. None of the diseases require fever as its symptom.

I have discovered The Purpose of Temperature of fever, which is not known to medical science. This discovery is a lifesaving discovery. In the current Corona epidemic situation, it has great importance. Because Fever is an important part of Corona disease. Not knowing the purpose of temperature of fever, The cause of death in Covid -19 is the fever treatment which reduces heat energy from the body.

Present Status of Fever

One of the medical books says “Our understanding of the neural basis of thermoregulation and fever is still rudimentary”. “The role of fever in the defense reaction is not clear”. Another statement also seen in medical books “In practice, as with pain, relief from fever with drugs adds to the comfort of the patient. It also impresses the patient and the relatives favorably about the therapeutic capability of the doctor” Pharmacology and Pharmacotherapeutics. R.S.Satoskar, S.D.Bhandarkar, Nirmala, N.Rege-Revised xix Edition. Page 159, 160,163,170. 10th April 2020.

Purpose of temperature of a fever

When the disease becomes a threat to life or organs blood circulation decreases, Temperature of fever will emerge to increase prevailing essential blood circulation. And it acts as a protective covering of the body to sustain life. When blood flow decreases to the brain, the patient becomes fainteddelirious. If we try to decreases the temperature of fever, the blood circulation will further be reduced. Blood circulation never increases without temperature increase. Delirious can never be cured without an increase in blood circulation. The temperature of fever is not a surplus temperature or it is not to be eliminated from the body. During fever, our body temperature increases like a brooding hen's

increased body temperature. Hen does not eat food while brooding. The food of the brooding hen is the heat energy produced in its body. The actual treatment for fever is to increase blood circulation.

Necessary Ingredients to Develop a Fever

“Fever is an inflammatory response that extends beyond the sight of Infection”. The right ratio of ingredients like inflammation, pyrogens is necessary to develop a fever like a good concrete. The right ratio of cement, sand, water is necessary to make good strong concrete. Many people who have infections in the body do not develop a fever. Many people who have diseased organs may not develop a fever. This is a lack of the right ratio to the development of fever.

Necessary Ingredients to Cure a Fever

For curing fever we should know what are the ingredients necessary to develop a fever. Disperse of the correct ratio of ingredients of fever will decrease the intensity of fever. By removing the correct ratio of ingredients of fever will cure fever.

Ways to eliminate fever by increasing essential blood circulation

Just listen to the messages from the body and act accordingly. Increasing essential blood circulation is the right treatment for fever. The fever temperature is a result of a decrease of essential blood circulation, like the hen's body temperature is produced during Broodiness. Apply extra Heat from outside and Inside to the Body, It Will Increase Essential Blood Circulation. To increase essential blood circulation never allow body temperature to lose via atmosphere and apply extra heat from outside and inside to the body. Blanket, Steam bath, hot sandbag or thermal heat pad, Hot pepper water, Hot drinks, Hot salted water for gargle can be used.

Mechanism of application of heat

When the temperature produced by the body due to fever and heat which we applied on the body combines together, the essential blood circulation increases. Then the body will stop to produce heat to increase essential blood circulation. And the body will get extra heat from outside without any usage of its energy. Heat is a fast and efficient remedy to reduce inflammation and increase blood circulation. During fever, 95% of diseases or patients show inflammation. Apply heat from outside and inside to the body, blood circulation and inflammation-related fever and its signals,

symptoms, signs, and actions will decrease. Then essential blood circulation increases, inflammation decreases, digestion increases, body pain diminishes. When we apply heat from outside and inside to the body, all the signals, symptoms of fever, like and accept the heat according to the directions and commands of the Immune system.

How can we prove that the temperature of fever is to increase essential blood circulation?

If we ask any type of question-related to fever by assuming that the temperature of fever is to increase blood circulation we will get a clear answer. If avoid or evade from this definition we will never get a proper answer to even a single question.

If we do any type of treatment by assuming that the temperature of fever is to increase blood circulation, the body will accept, at the same time body will resist whatever treatment to decrease blood circulation. If we measure the heat energy used for which activities in fever, we will know the purpose of the temperature of fever. No further evidence is required to prove the temperature of fever is to increase blood circulation. Buffalo even knows what the purpose of the temperature of fever is. When the buffalo is in the water it is to reduce body heat. whenever it is feverish the buffalo is not in the water. The buffalo knows the purpose of the temperature of the fever.

The Fever (pyrexia) temperature never damages the cells of the brain or harm the body

All treatments for fever are based on the belief that fits is the result of 41 degrees Celsius temperature and it damages cells of the brain and body. At the same time, there is no evidencebased tests or concrete diagnosing methods to the belief that fits and brain damage is the result of fever (pyrexia). Necessary ingredients to destroy brain cells and fits cannot be seen in fever. In Fever (pyrexia) or absence of fever, a fainted patient fell on the floor with an unconscious state and destroy cells of the brain, and necessary ingredients to become conscious is the same. When disease increases essential blood circulation and energy level also decreases.

The vertical height between the heart and brain is more than one foot. When the disease becomes severe, the ability to pump the blood to the brain decreases. As a result of this brain cells are damaged. so the patient might be paralyzed or may even die. In Fever or absence of fever, when blood flow to the brain decreases and fits are formed. There is no other way than this to increase blood circulation to the brain. It is a sensible and discreet action of the Immune system or brain to protect the life or organ.

Recovery from Fits

The patient becomes conscious before the time to get decreasing the temperature of fever. When the fainted patient lie on the floor, the vertical height between the heart and brain is decreased, blood circulation increased to the brain.

Self-checking methods

When the fainted patient lie on the floor, The patient can stand straight and lie on bed alternatively. Then the patient can experience himself the intensity of blood circulation. The patient can experience when he stands his blood circulation decreases and when lying on the bed the blood circulation increases. Besides that, he can also experience increased blood circulation when lie on the bed raise the foot higher than the head.

If we remove the cause of disease, the disease and fever will not be cured

The physicians are talking about the treatment of fever indifferently. They are talking about not treating fever but for the underlying cause of fever. At the same time when people have a fever, they instruct to reduce the temperature of the fever urgently.

The cause of fever and cause of disease both are different

Some physicians misunderstand the cause of disease as a cause of fever. If we remove the cause of disease, then fever never cured. If we remove the cause of fever, it can be immediately cured. The basic cause of fever is increased severe inflammation and decreased blood circulation. If we remove the cause of fever, it can be immediately cured.

If we remove the cause of disease, the disease will not be cured. If a worm eats the stem and leaf of a plant, we can kill the worm with pesticides, then the destroyed part of the plant will not recover completely. Likewise, we can kill some kind of bacteria with antibiotics. But the problems made by bacteria will not be resolved.

The actual treatment to the cause of fever

The actual treatment for fever is to increase blood circulation

Two ways to increase blood circulation.

1. Never allow body temperature to lose
2. Apply heat from outside to the body.

When the temperature produced by the body due to fever and heat which we applied on the body combines together, the blood circulation increases. Then the body will stop to produce heat to increase blood circulation. And the body will get extra heat from outside without any usage of its energy.

How can we prove that the cause of fever and cause of disease both are different?

If we ask any type of question-related to fever by assuming that the cause of fever and cause of disease both are different, If we avoid or evade from this definition, we will never get a proper answer to even a single question. If we do any type of treatment by assuming that the cause of fever and cause of disease both are different, the body will accept the cause of fever, at the same time body will resist whatever treatment to decrease temperature and blood circulation. No further evidence is required to prove the cause of fever and cause of disease both are different.

Fever is not a symptom of any disease. None of the diseases require fever as its symptom

We have been hearing for centuries that 'fever is not a disease but a symptom'. physicians say that fever is a symptom of diseases like flu to cancer. Most of the diseases may not have a fever. Sometimes it disappears. Then, Is fever a symptom of which disease? The conservative fever definition, diagnosis, and treatments are not based on this notion.

- Is fever a symptom?
- what are the scientific criteria or parameters necessary for a Symptom?
- What we will do to prove a symptom?
- Symptom Definition?
- What is the use of Symptom Definition?

As with any or all other definitions, symptom definition should describe the symptom scientifically. if it cannot describe clearly,

there is no use of a symptom definition. Symptom Definition is the only parameter necessary for a

Symptom. "A symptom is a departure from normal function or feeling which is noticed only by a patient, indicating the presence of disease or abnormality". A symptom is subjective, observed by the patient and cannot be measured directly, whereas a sign is objectively observable. A symptom can more simply be defined as any feature which is noticed by the patient. A sign is noticed by other people. Different types of fever definitions can be seen in medical books. Although the general sense that a fever means an increase in body temperature is pervasive, the exact definition of a fever is an ongoing debate, as is its biological purpose. 'Fever' implies an elevated core body temperature of more than 38.0°C. Davidsons Principles and practice of medicine_22Ed. "Fever is an elevation of body temperature that exceeds the normal daily variation and occurs in conjunction with an increase in the hypothalamic set point. Harrison's Principles of Internal Medicine, 19th Ed In symptom definition, fever definition can't be found. The elevation of body temperature is not included in symptom definition. The main evidence which proves that fever is not a symptom of the disease is symptom definition itself.

An action can never become a symptom

Elevation of body temperature is an action like lifting, sitting, or standing. "on what scientific basis "elevation" becomes a symptom? The feeling of elevation in body temperature is a Symptom of fever. If the increment in body temperature is an aftereffect of Elevation of body temperature, according to symptom definition the feeling of increment in body temperature is the symptom of increased temperature. Is elevated temperature a scientific criteria or parameter of symptom? No. The patient cannot feel the elevated body temperature. According to Symptom definition fever is not a symptom. Then what are the criteria to asses a Symptom? Nobody knows. Then on which scientific basis can fever be considered as a symptom? Nobody knows. This is evidence to establish that fever is not a symptom.

If elevation of body temperature (Fever) is not a symptom, then what?

One cannot be understood directly the temperature is elevated in the hypothalamus. A mechanical device is necessary to measure elevated temperature in the hypothalamus. According to sign definition, it is a sign. Then arise another question about body temperature. If elevation of body temperature (Fever) is a sign, then in which category will the temperature of fever come under? Signal category-Everybody can feel. No device is required. In the beginning stage of fever, the patient and others cannot feel the temperature. Elevated temperature or increased temperature never make fever or symptoms of fever. it may create hyperthermia. Fever includes so many symptoms like fatigue to mind and body, reduced appetite, reduced motion and indigestion, internal and external discomfort, etc., signals and actions like high temperature, shivering, unconscious and delirious may occur.

Different cause of diseases never shows the same symptoms

"Different causes of diseases like virus, bacteria, fungi, venom, horror scene, horror dream,... never shows the same symptoms. Its actions are different and sometimes opposite. No similarities can be seen between their actions.

None of the diseases or causes of diseases require fever as its symptom

If the mosquito bites its virus, bacteria, venom gets deposited in

the body as a result according to nature and strength of Viruses, bacteria, venom symptoms like itching, pain, and signals like colour change, inflammation may occur. we can see the symptoms, Signals, and indications of the virus, bacteria, the venom which multiple or spreading or damages(disease) the body before fever emerge.

The symptoms of viruses, bacteria, and venom are not based on fever

The symptom, signs, and signals are shown whenever viruses, bacteria, and venom are present in the body. In such a situation fever is not necessary, because fever is not seen in everyone. In a state of multi-disease conditions, if fever is caught and cured, the fever will not show the symptoms of other diseases. In H1N1 infections 30% of patients had no fever.

There is a sharp difference between Symptoms of fever and symptoms of rising temperatures

Symptoms of fever include body pain, fatigue to mind and body, reduced appetite, reduced motion and indigestion, internal and external discomfort, etc., The symptoms, signs, signals of fever are only seen at the presence of fever. During cancer, the symptom, signs, and signals of cancer are shown every time. A patient having cancer and fever at the same time, symptoms, signs, and signals of both cancer and fever are shown every time. A symptom of cancer never become a symptom of fever or a symptom of fever can never become a symptom of cancer.

How can we separate symptoms of the disease and symptoms of fever?

In fever, both symptoms of disease and symptoms of Fever are included. Deduct symptom of disease from total symptoms, we will get symptoms of fever. (Disease +Fever)-Disease =Fever. (Symptoms of disease +Symptoms of Fever)- Symptoms of disease =Symptoms of Fever (bitter taste, body pain, fatigue to mind and body, reduced appetite, reduced motion and indigestion, internal and external discomfort ...) Like that we can separate signs, signals, and actions of both fever and disease. (Signals of disease +Signals of Fever) - Signals of disease =Signals of Fever (high temperature, shivering, unconscious ...) (Signs of disease +Signs of Fever) - Signs of disease =Signs of Fever. (Actions of disease +Actions of Fever) - Actions of disease =Actions of Fever.

Copyright: ©2020 Yacob Mathai. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.