

# WomenCare 2025: Advancements in Women’s Healthcare, Nursing, and Midwifery

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## Revolutionizing Women’s Healthcare: The Future of Patient Safety and Quality Standards

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### Abstract

Dr. Nithya A. is a seasoned healthcare quality and operations leader with over 15 years of experience in quality management, patient safety, risk management, and healthcare strategy. As Group Head of Quality at Arabian Healthcare Group (RAK Hospital, UAE), she has successfully led multiple JCI, EFQM, TEMOS, ISO, and CAP accreditations, driving operational excellence and securing over 20 prestigious global awards.

Recognized as “Quality Manager of the Year” at the 13th IELTS Conference Dubai (2023), Dr. Nithya specializes in lean management, clinician performance, medico-legal risk management, and healthcare project leadership. She is a certified EFQM Assessor, ISO Auditor, and Lean Six Sigma professional, committed to advancing healthcare quality through innovation, strategic execution, and patient-centered excellence.