

Review Article

Open Access

Revolutionizing Oncology Solutions with AI on Low-Code Platforms

Preeti Tupsakhare

Engineer Lead, Medical Benefit Management Information Technology, Elevance Health, USA

ABSTRACT

Advancements in Artificial Intelligence (AI) have the potential to transform oncology, enabling personalized treatment, early detection, and improved patient outcomes. However, the traditional development of AI-driven solutions is often hindered by high costs, long development cycles, and the need for specialized expertise. Low-code platforms offer a promising solution by allowing healthcare professionals and developers to rapidly create, test, and deploy AI applications with minimal coding. This paper explores the integration of AI with low-code platforms in oncology, examining the benefits, challenges, and future implications. By leveraging these technologies, the healthcare industry can overcome significant barriers, making cutting-edge oncology solutions more accessible and scalable.

*Corresponding author

Preeti Tupsakhare, Engineer Lead, Medical Benefit Management Information Technology, Elevance Health, USA.

Received: December 07, 2023; **Accepted:** December 14, 2023; **Published:** December 21, 2023

Keywords: Low-Code Platforms, AI, Oncology, Use of AI in Oncology, AI and Low-Code Platform

Introduction

Cancer remains one of the leading causes of death worldwide, presenting a complex challenge that requires continuous innovation in treatment and care. Oncology, the field dedicated to the study and treatment of cancer, is particularly intricate due to the many variables involved, such as genetic mutations, tumor microenvironments, and patient-specific factors. Despite advancements in medical research, significant challenges persist, including the complexity of treatment protocols, the need for more accurate diagnostic tools, and the limitations of current technologies in delivering personalized care tailored to each patient's unique biological makeup.

In response to these challenges, Artificial Intelligence (AI) has emerged as a transformative force in healthcare, especially in oncology. AI technologies, such as machine learning and deep learning, are being utilized to analyze large volumes of medical data, providing insights that can enhance decision-making in cancer diagnosis, treatment planning, and patient monitoring. However, the development and deployment of AI solutions are often hindered by high costs, lengthy development cycles, and the need for specialized expertise. To address these barriers, low-code platforms are gaining traction in the healthcare industry, offering a visual development environment that allows for the creation of AI-driven applications with minimal coding knowledge. These platforms democratize software development, reduce time and costs, and enable rapid iteration, making them particularly valuable in the dynamic field of cancer treatment [1-3].

This paper explores the potential of integrating AI with low-code platforms to revolutionize oncology, addressing current challenges and offering new pathways for innovation in cancer care.

Understanding Low Code Platforms

Definition and Functionality

Low-code platforms are software development environments designed to simplify the process of application creation by minimizing the need for extensive coding. These platforms provide a visual interface where users can build applications through drag-and-drop functionality, using pre-built templates and components. This allows individuals with limited programming experience to develop, customize, and deploy applications efficiently.

The core features of low-code platforms include but not limited to are

- **Drag-and-Drop Interfaces:** Users can select and place various elements like forms, buttons, and data fields onto a canvas, visually constructing the application's user interface and logic without writing extensive code.
- **Pre-Built Templates:** These platforms offer ready-made templates and components, such as login pages, dashboards, and data connectors, which users can customize according to their needs. These templates significantly reduce the time and effort required to develop standard application features.
- **Automated Workflows:** Low-code platforms often include tools for automating workflows, enabling users to set up processes that run automatically based on certain triggers or conditions, such as sending alerts or updating records when specific events occur.

These features collectively empower non-technical users to participate in the application development process, making it easier for organizations to quickly create and deploy solutions that meet their specific needs.

Advantages in Healthcare

Low-code platforms offer several advantages in the healthcare sector, particularly when it comes to developing AI-driven applications

- **Reduced Development Time:** One of the most significant benefits is the reduction in development time. Traditional software development involves extensive coding, testing, and iteration, which can take months or even years. Low-code platforms streamline this process by allowing healthcare professionals to quickly build prototypes, test them in real-time, and iterate based on feedback, enabling faster deployment of AI-driven solutions.
- **Lower Costs:** Developing healthcare applications using traditional methods can be costly, requiring skilled developers, infrastructure, and long development cycles. Low-code platforms lower these costs by reducing the need for specialized programming skills and shortening development times, making it more affordable for healthcare organizations to implement advanced AI solutions.
- **Accessibility and Democratization of AI:** Low-code platforms make AI technology accessible to a broader range of healthcare professionals, including those with little to no programming knowledge. This democratization allows clinicians, nurses, and administrators to actively participate in the creation and customization of AI tools tailored to their specific needs, leading to more practical and user-friendly solutions [3].

These advantages position low-code platforms as a transformative tool in healthcare, enabling organizations to quickly adapt to new challenges and opportunities in a rapidly evolving field.

Use Cases in Healthcare

Low-code platforms have been successfully utilized in various healthcare applications, showcasing their versatility and effectiveness across different domains.

- **Patient Management Systems:** Many healthcare providers use low-code platforms to develop customized patient management systems. These systems can track patient records, manage appointments, and streamline communication between patients and healthcare providers. By using low-code platforms, these systems can be easily adapted to meet the specific needs of a clinic or hospital, such as integrating AI-driven decision support tools that help clinicians identify high-risk patients based on their medical history.
- **Telehealth Applications:** The rise of telehealth, particularly during the COVID-19 pandemic, has accelerated the need for scalable and reliable telemedicine platforms. Low-code platforms have been instrumental in developing telehealth applications that include features like video conferencing, electronic prescriptions, and remote patient monitoring. These platforms allow healthcare providers to rapidly deploy telehealth solutions that are both secure and compliant with healthcare regulations, ensuring continuity of care even when in-person visits are not possible [3].
- **Data Analytics Tools:** Low-code platforms have also been used to create data analytics tools that help healthcare organizations gain insights from their vast amounts of data. These tools can analyze patient outcomes, identify trends, and support decision-making processes. For instance, a hospital

might use a low-code platform to develop an AI-driven dashboard that visualizes patient recovery rates, enabling administrators to make data-driven decisions about resource allocation and treatment strategies.

These examples demonstrate the potential of low-code platforms to revolutionize healthcare by making it easier and faster to develop applications that meet the unique needs of the industry. As AI continues to play a larger role in healthcare, the combination of AI with low-code platforms will likely lead to even more innovative solutions that improve patient care and operational efficiency.

Understanding AI in Oncology

AI technologies have revolutionized oncology by enhancing the ability to analyze complex medical data and deliver more personalized care. Some of the key AI technologies employed in oncology include

- **Machine Learning (ML):** Machine learning involves training algorithms to recognize patterns and make predictions based on data. In oncology, ML is used to analyze patient data, predict outcomes, and assist in decision-making.
- **Deep Learning (DL):** Deep learning, a subset of machine learning, uses neural networks with multiple layers to model complex relationships within data. In oncology, DL is particularly useful for image analysis. Convolutional neural networks (CNNs), a type of DL model, are commonly used to analyze medical images such as CT scans, MRIs, and histopathological slides
- **Natural Language Processing (NLP):** NLP is used to extract and interpret information from unstructured text, such as clinical notes, pathology reports, and research papers. In oncology, NLP can help in mining patient records for relevant information, identifying key findings from the latest research, and even generating insights from large-scale literature reviews.

Key Applications

AI is being utilized in various applications within oncology, significantly impacting patient care and research

- **Early Cancer Detection:** AI technologies, particularly deep learning, are being used to develop tools for the early detection of cancer. For example, AI-powered imaging tools can identify subtle changes in medical images that might indicate the presence of early-stage cancer, which could be missed by the human eye. These tools are particularly useful in screening programs for cancers such as breast, lung, and colorectal cancer, where early detection is crucial for improving patient outcomes.
- **Personalized Treatment Plans:** AI enables the development of personalized treatment plans by analyzing a patient's genetic profile, tumor characteristics, and medical history. Machine learning models can predict how a patient is likely to respond to various treatment options, helping oncologists tailor therapies that are most likely to be effective for individual patients. This approach is especially valuable in the era of precision medicine, where treatments are increasingly customized based on the molecular features of a patient's cancer [3].
- **Drug Discovery:** AI is accelerating drug discovery in oncology by analyzing large datasets of chemical compounds, genetic information, and clinical trial results. Machine learning models can predict the efficacy and safety of new drug candidates, helping researchers identify promising therapies more quickly and at a lower cost. AI-driven drug discovery is particularly impactful in identifying potential treatments

for rare cancers, where traditional drug development methods may be less feasible due to limited patient population.

- **Patient Monitoring:** AI technologies are being used to monitor cancer patients more effectively, both during and after treatment. Wearable devices and mobile applications equipped with AI can track vital signs, symptoms, and treatment adherence in real-time, providing oncologists with continuous data to inform care decisions. AI can also analyze this data to detect early signs of complications or relapse, enabling timely interventions that can improve patient outcomes.

Challenges in Traditional AI Development for Oncology Resource Intensity

Developing AI solutions through traditional methods is both resource-intensive and time-consuming. This approach typically demands a significant financial investment, largely due to the need for specialized knowledge and expertise. Data scientists, AI engineers, and software developers are essential for crafting sophisticated AI models, but these professionals are often in high demand and command substantial salaries. Additionally, traditional AI development requires access to large datasets, particularly in the context of healthcare. These datasets must be comprehensive and accurately labeled to train effective models, which can be a costly and lengthy process. For instance, obtaining and curating medical images for a cancer detection algorithm might involve high fees and collaborations with multiple healthcare institutions. The combination of these factors makes traditional AI development prohibitively expensive, especially for smaller healthcare providers or research institutions with limited budgets [1].

Complexity

The technical complexities of traditional AI development present another significant challenge. Developing effective AI models involves several intricate processes, each requiring a deep understanding of both the domain (oncology, in this case) and AI methodologies [3]. One of the initial steps is data preprocessing, which includes cleaning, normalizing, and transforming raw data into a format suitable for model training.

Next, model training is a highly specialized task that involves selecting appropriate algorithms, tuning hyperparameters, and iterating through numerous trials to optimize performance. The complexity is further amplified when dealing with healthcare data, which is often heterogeneous, high-dimensional, and requires careful handling to ensure patient privacy and compliance with regulations like HIPAA. After training, the model must undergo validation to ensure its generalizability and accuracy in real-world scenarios. This step often requires extensive testing with separate datasets, adding to the time and resource demands. The entire process is not only technically challenging but also prone to errors and biases, which can undermine the reliability of the AI solution.

Scalability Issues

Scalability is a critical issue in traditional AI development, particularly in resource-constrained settings such as small clinics or healthcare facilities in developing countries. Traditional AI models often require substantial computational resources, including high-performance servers, GPUs, and large storage capacities to manage the vast amounts of data involved. These resources are expensive to acquire and maintain, making it difficult for smaller organizations to implement and scale AI solutions effectively.

Revolutionizing Oncology Solutions with AI on Low-Code Platform

The integration of AI with low-code platforms offers a powerful solution to the challenges of traditional AI development in oncology. By enabling rapid prototyping and deployment, low-code platforms reduce the time and expertise required to develop AI-driven applications. For example, a healthcare provider could use a low-code platform to quickly develop an AI tool that predicts patient responses to chemotherapy based on historical data. Such a tool could be iteratively refined and deployed across multiple clinics, significantly improving treatment outcomes while reducing development costs.

Synergy of AI and Low-Code

The integration of AI with low-code platforms holds transformative potential in oncology, simplifying the development and deployment of AI-driven solutions.

Low-code platforms offer several key advantages in developing AI solutions for oncology

- **Reduced Need for Extensive Coding:** With low-code platforms, healthcare professionals and data scientists can create AI models and applications using drag-and-drop components, pre-built templates, and automated workflows. This reduces the reliance on skilled programmers and enables clinicians, who may not have coding experience, to participate actively in the development process.
- **Faster Iteration and Deployment:** Low-code platforms enable rapid prototyping and iterative development, which is crucial in a field like oncology, where clinical needs and research findings are continually evolving. AI models can be quickly built, tested, and refined using low-code tools, allowing for faster deployment in clinical settings [4].
- **Scalability and Flexibility:** Low-code platforms are designed to be scalable, allowing AI solutions to be easily adapted and expanded as new data becomes available or as the scope of a project changes. This scalability is critical in oncology, where AI models may need to be updated frequently to incorporate the latest medical research or to address emerging challenges, such as new cancer variants.

Benefits Over Traditional Methods

- **Faster Development Times:** Traditional AI development often involves lengthy coding processes, multiple rounds of testing, and extensive collaboration between developers and clinicians. In contrast, low-code platforms streamline these processes, enabling faster prototyping and deployment.
- **Lower Costs:** Developing AI solutions through traditional methods can be costly, requiring specialized technical expertise, expensive software licenses, and substantial computing resources. Low-code platforms reduce these costs by minimizing the need for coding expertise and enabling the use of cloud-based resources, which are often more cost-effective.
- **Greater Accessibility for Non-Experts:** One of the most significant advantages of low-code platforms is their ability to democratize AI development. Traditional methods typically require a team of data scientists and developers, but low-code platforms empower clinicians, researchers, and other healthcare professionals to create and customize AI solutions themselves.
- **Enhanced Collaboration:** Low-code platforms facilitate better collaboration between technical and non-technical stakeholders. The visual interfaces and modular components make it easier for teams to communicate ideas, iterate on

designs, and ensure that the final product meets clinical needs. This collaborative approach is particularly valuable in oncology, where multidisciplinary teams are often involved in patient care [5].

Case Studies and Hypothetical Scenarios

- **Real-World Example: AI-Driven Diagnostic Assistant:** A healthcare provider uses a low-code platform to develop an AI-driven diagnostic assistant for oncology. The assistant leverages machine learning algorithms to analyze patient data, including medical images, pathology reports, and genetic profiles. Using the low-code platform, the development team is able to integrate different data sources, customize the user interface, and deploy the tool across multiple clinics. The diagnostic assistant helps oncologists quickly identify potential cancer cases and recommend personalized treatment plans, improving diagnostic accuracy and reducing the time to treatment.
- **Hypothetical Scenario: Predictive Analytics Tool for Treatment Outcomes:** Imagine a cancer research institute aiming to develop a predictive analytics tool that forecasts patient responses to different chemotherapy regimens. Using a low-code platform, the research team builds a machine learning model that analyzes historical patient data, including demographics, treatment histories, and genetic information. The platform allows the team to create the model without needing extensive coding expertise, and they can iterate quickly based on feedback from oncologists. The resulting tool helps clinicians make more informed decisions about treatment strategies, potentially improving patient outcomes and reducing adverse effects.

Future Trends and Considerations

The future of AI and low-code platforms in oncology is promising, with emerging technologies poised to further transform the field. AI-driven development tools, which automate parts of the model-building process, could make it even easier to develop sophisticated oncology applications on low-code platforms.

Below are some trends we can consider

- **Emerging Technologies:** AI-driven development tools, augmented intelligence, and advanced data integration methods are transforming oncology [2]. These technologies enable faster, more efficient AI model creation, support clinicians with real-time insights, and integrate diverse data sources for more comprehensive cancer care.
- **Predictive Analytics:** Predictive analytics plays a crucial role in early cancer detection, treatment response prediction, and care optimization. Low-code platforms simplify the development of predictive models, making these tools more accessible to healthcare providers [6].
- **Regulatory and Ethical Considerations:** The regulatory and ethical landscape for AI in healthcare is evolving, with a focus on patient safety, data privacy, and algorithmic fairness. Low-code platforms help developers meet these requirements by providing compliance tools, ensuring ethical AI practices, and adapting to new regulations [7].

Conclusion

The integration of Artificial Intelligence (AI) and low-code platforms represents a significant advancement in the field of oncology, offering new avenues for personalized cancer care and improved patient outcomes. While the complexities of cancer treatment continue to challenge healthcare providers, the use of AI has demonstrated considerable potential in enhancing

diagnostics, treatment planning, and patient monitoring. However, the traditional development of AI solutions is often constrained by high costs, long development times, and the requirement for specialized technical expertise, which limits the widespread adoption of these innovations.

Low-code platforms provide a promising solution to these challenges by democratizing AI development, allowing healthcare professionals without extensive coding knowledge to participate in creating and deploying AI-driven applications. These platforms enable rapid prototyping, faster iteration, and cost-effective development, making AI technology more accessible across diverse healthcare settings. As the healthcare industry continues to evolve, the synergy between AI and low-code platforms is poised to revolutionize oncology, driving innovation in cancer treatment and ultimately improving the quality of care for patients around the world.

References

1. Krishnamoorthy, Karthika KS, Arunkumar S, Prabakaran N (2023) An AI-Driven Clinical Text-Based Decision Support System for Pancreatic Cancer Diagnosis. *Migration Letters* 20: 460-467.
2. Magdalena Görtz, Kilian Baumgärtner, Tamara Schmid, Marc Muschko, Philipp Woessner, et al. (2023) An artificial intelligence-based chatbot for prostate cancer education: Design and patient evaluation study. *DIGITAL HEALTH* 9. 20552076231173304.
3. Brandon, Margaria T (2023) Low-Code/No-Code Artificial Intelligence Platforms for the Health Informatics Domain. *Elec Commun of the EASST* 82: 1-24.
4. Sahay A Indamutsa D, Di Ruscio, Pierantonio A (2020) Supporting the understanding and comparison of low-code development platforms. *46th Euromicro Conference on Software Engineering and Advanced Applications (SEAA)*, Portoroz, Slovenia pp: 171-178.
5. Bock, Frank U (2021) In Search of the Essence of Low-Code: An Exploratory Study of Seven Development Platforms. *ACM/IEEE International Conference on Model Driven Engineering Languages and Systems Companion (MODELS-C)*, Fukuoka, Japan pp: 57-66.
6. Usmani UA, Jaafar J (2022) Machine Learning in Healthcare: Current Trends and the Future. *Proc of the International Conference on Artificial Intelligence for Smart Community, Lecture Notes in Electrical Engineering* pp: 659-675.
7. Asan O, Choudhury A (2021) Research Trends in Artificial Intelligence Applications in Human Factors Health Care: Mapping Review. *JMIR Hum* 8: e28236.

Copyright: ©2023 Preeti Tupsakhare. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.