

Case Report

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Girl 2, 5 Years old in Status Epilepticus with COVID -19 Infection- A Case Report

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Introduction

Status epilepticus is defined as a single epileptic seizure of >30 minutes duration or a series of epileptic seizures during which function is not regained between ictal events in a 30-minute period.

Material-Method

A 2,5 years old girl presents to our Emergency Department due to tonic-clonic contractions of the upper and lower limbs which has started 40 minutes ago. It is the first episode of seizures in the second day of fever and any other medical problems or medication prior to presentation are denied. The child has a confirmed Sars Cov2 infection with a positive antigenic rapid test the previous day. She was fully vaccinated.

During the clinical examination the patient was hemodynamically unstable, febrile, with GCS: 5/15 and tonic-clonic contractions of the upper and lower limbs, without signs of meningeal irritation, with pupillary constriction and without the presence of rash. The blood test reveals electrolyte imbalance (K⁺: 1,6), acidosis (pH: 7,09) and high markers of inflammation (ferritin: 311,3, D-dimmer: 1.346).

Results

Due to non-resolution of the seizures, the patient was intubated and a brain CT was performed. The CT did not reveal any tumor and the patient immediately transferred to Athens Children Hospital. Subsequently a brain MRI was performed which showed diffuse cerebral edema as a result of encephalitis following a covid infection. The patient died a few days later.

Conclusion

Sars Cov2 encephalitis is a very rare complication and this was the second case in Greece, in the pediatric community. For this reason, we should always be ready to deal with even the rarest complication from a, in the majority of cases, innocent virus.

References

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