

# WomenCare 2025: Advancements in Women's Healthcare, Nursing, and Midwifery

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## Telemedicine & Digital Health Solutions: Shaping the Future of Maternal Care in 2025 and Beyond

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### Abstract

In a rapidly digitizing world, maternal healthcare remains one of the most critical areas where technology can bridge gaps in access, equity, and quality. This talk explores the transformative impact of telemedicine and digital health platforms in empowering women through every stage of pregnancy, childbirth, and postpartum recovery. From AI-powered risk prediction tools and virtual antenatal consultations to mobile health (mHealth) apps, wearable technologies, and remote fetal monitoring—digital innovation is redefining maternal care.

As a global women's health advocate and practicing OBGYN, I will share evidence-based insights, real-world implementation models, and scalable strategies from both low-resource settings and advanced healthcare systems. This session will also examine ethical considerations, data security, and the role of digital literacy among pregnant women. Join us in envisioning a future where no mother is left behind—regardless of geography or socioeconomic status.